

SAMPLE *schedule* #1

7:00 Wake Up & Breakfast

8:00 Run Errands, Outdoor or Indoor Play, Walk

10:00 Arts & Crafts

10:30 Music & Movement | Snacks

11:00 Letter of the Day | Toddler & Preschool Curriculum

11:30 Lunch

12:00 Nap or Quiet Time

2:00 Storytime

2:30 Science Experiment | STEAM | Sensory Play

3:00 Outdoor or Indoor Play

4:00 Help with Chores | Games & Puzzles

5:00 Family Time

6:00 Dinner

7:30 Bedtime Routine & Storytime

8:00 Lights Out

SAMPLE *schedule* #2

7:00 Wake Up & Breakfast

8:00 Arts & Crafts

8:30 Science Experiment | STEAM | Sensory Play

9:00 Outdoor or Indoor Play

10:00 Letter of the Day | Toddler & Preschool Curriculum

10:30 Music & Movement | Snacks

11:00 Virtual Field Trip | Museum | Zoo | Aquarium (YouTube)

11:30 Lunch

12:00 Nap or Quiet Time

2:00 Storytime

2:30 Run Errands, Outdoor or Indoor Play, Walk

4:00 Help with Chores | Games & Puzzles

5:00 Family Time

6:00 Dinner

7:30 Bedtime Routine & Storytime

8:00 Lights Out

SAMPLE *schedule* #3

7:00 Wake Up & Breakfast

8:00 Science Experiment | STEAM | Sensory Play

8:30 Run Errands, Outdoor or Indoor Play, Walk

10:00 Letter of the Day | Toddler & Preschool Curriculum

10:30 Music & Movement | Snacks

11:00 Virtual Field Trip | Museum | Zoo | Aquarium (YouTube)

11:30 Lunch

12:00 Nap or Quiet Time

2:00 Storytime

2:30 Arts & Crafts

3:00 Outdoor or Indoor Play

4:00 Help with Chores | Games & Puzzles

5:00 Family Time

5:30 Dinner

7:30 Bedtime Routine & Storytime

8:00 Lights Out

MY *schedule*

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
2:00	
3:00	
4:00	
5:00	
6:00	
7:00	
8:00	

THE

'S schedule

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
2:00	
3:00	
4:00	
5:00	
6:00	
7:00	
8:00	